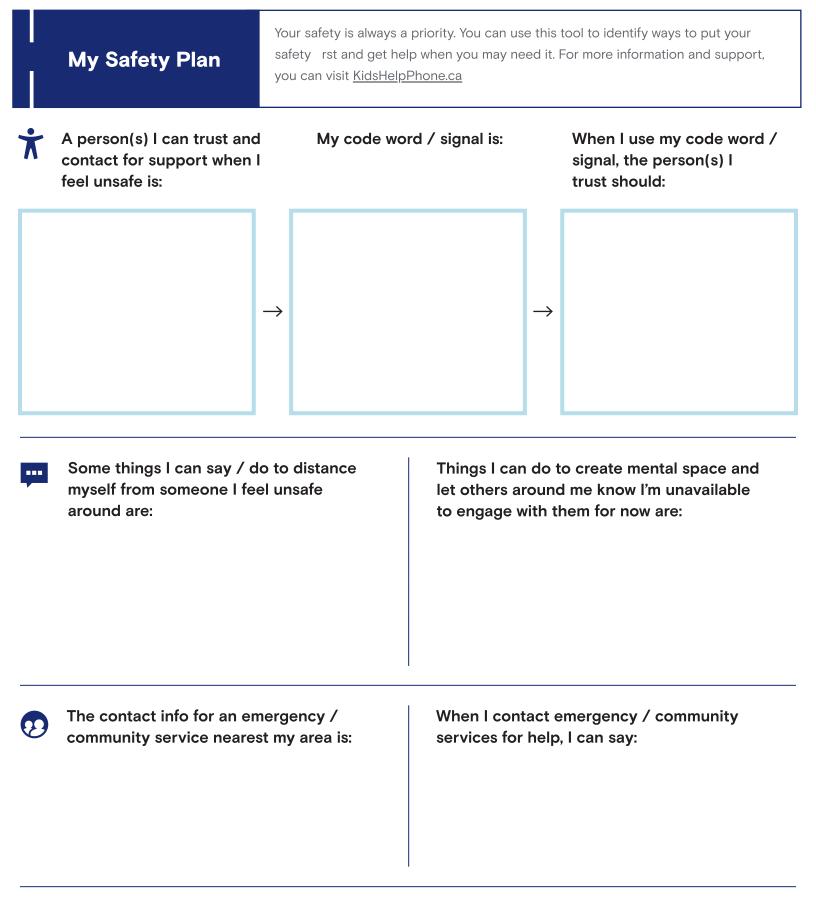
	My Safety Plan	Your safety is always a priority. You can use this tool to identify ways to put your safety first and get help when you may need it. For more information and support, you can visit <u>KidsHelpPhone.ca</u>
I	l will keep my safety plan:	Some warning signs I might be in danger are:
	The last time I felt safe was	x:
	l was at:	l was with:
Ç	lf I don't feel safe, I can go	to: To get to a safer place, I can:

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Carefully tear or cut along the dotted line.



You can carefully tear, cut or fold this card and keep it with you (e.g. in a wallet, pocket, etc.) or share it with someone you trust.

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