

Supporting Racialized Non-Citizen LGBTQ2S+ Youth During the Panny

Interactive Workshop for
Kids Help Phone
with Gitanjali Lena

- Setting the social & political context in broad strokes
- Viewing and discussion of the video “My Anxiety” by Kuru Selvarajah
- Practical small group activity using caller scenarios.

Flow of Workshop



Setting the Social & Political Context

- Immigration
- Housing
- Employment
- Criminalization
- Healthcare

My Anxiety

- A glimpse of Mirusha's anxiety and her space



**Camera/directing/edits by Kuru Selvarajah




Problem Solving to Support Autonomy

Activity

- Three scenarios to analyse in small groups. Select a note taker for your group, and a timekeeper. Bring your recorded observations and ideas back to the larger group.
- How do you relate this caller's situation to the meta structures we have discussed?
- What are ethno-specific, geographic and individual factors to consider?
- What resources and resiliencies can you find in this scenario?



Scenarios 1 & 2



□ Shawn is a Two Spirit youth living with family in one small house on fly in reserve. Uses phone to contact KHP but reception is erratic. Several friends in community have killed themselves. Shawn is worried about COVID since they cannot isolate from anyone in house of 7 multi-generational people. Shawn is considering moving to the nearest city to stay with an adult friend.

□ Mohamed, a Black trans youth 14 yrs old, is having insomnia, and anxiety. He worries that if family members leave the house, they won't come back. Horrified by endless cycles of police violence, media misrepresentation and political inaction, Mohamed feels alone and dismal. He needs medical treatments but family doctor tells his family things. He lives in a North York high rise. They contact you using text.



Scenario #3

- Shamina is Gujarati immigrant youth AFAB who is 18-years-old non-binary. They live at home with single mum who works as grocery clerk. Shamina's mum says they must get married before they can leave home. Shamina wants their birth certificate to change their id but their mum won't let them have it. They attempted to kill themselves in the last 5 months. Very active on IG and an avid visual artist.



References & Resources

- Kusha Dadui (2019) “Trans Refugees, Barriers & Resistance”, unpublished Masters thesis, Faculty of Environmental Studies, York University.
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- edited by Eric A Stanley and Nat Smith. *Captive Genders : Trans Embodiment and the Prison Industrial Complex*. Oakland, CA :AK Press, 2011.
- <https://Defundthepolice.org> by Robyn Maynard and others.
- Gitanjali Lena (2019) [Understanding Trans Racialized Youth Autonomy in Health Care Decision Making in Ontario](#)
- Mohamed Abdulkarim Ali (2019) *Angry Queer Somali Boy: A Complicated Memoir*, University of Regina Press, SK.
- J. James, G. Bauer, R. Peck, D. Brennan, N. Nussbaum, *Legal Problems Facing Trans People in Ontario*. *TRANSforming JUSTICE Summary Report 1(1)*, September 6, 2018.